

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Sanet GRIESEL

SWIM

00:16:58

BIKE

06:10:17

RUN

03:55:39

OVERALL

10:31:12

AGE GROUP

50-54

AGE GROUP
RANKING

2

OVERALL
RANKING

185

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021