

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Karen TROTMAN-PITT

SWIM

00:19:39

BIKE

07:47:23

RUN

05:15:58

OVERALL

13:43:47

AGE GROUP

50-54

AGE GROUP
RANKING

11

OVERALL
RANKING

599

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021