

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Matt FRANZSEN

SWIM

00:11:30

BIKE

05:10:18

RUN

03:51:19

OVERALL

09:18:02

AGE GROUP

30-34

AGE GROUP
RANKING

10

OVERALL
RANKING

63

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021