

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Mark GOOSEN

SWIM

00:12:55

BIKE

05:26:47

RUN

03:37:11

OVERALL

09:23:43

AGE GROUP

30-34

AGE GROUP
RANKING

12

OVERALL
RANKING

69

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021