

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Ruan VENTER

SWIM

00:19:02

BIKE

06:36:19

RUN

04:48:57

OVERALL

12:00:56

AGE GROUP

30-34

AGE GROUP
RANKING

46

OVERALL
RANKING

383

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021