

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

David ALMEIDA

SWIM

00:12:16

BIKE

05:18:16

RUN

03:16:06

OVERALL

08:56:02

AGE GROUP

35-39

AGE GROUP
RANKING

16

OVERALL
RANKING

43

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021