

IRONMAN[®]

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Yusuf ARENDSE

SWIM

00:12:00

BIKE

05:34:00

RUN

04:21:40

OVERALL

10:15:12

AGE GROUP

35-39

AGE GROUP
RANKING

36

OVERALL
RANKING

152

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021