

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Stephan CRAGGS

SWIM

00:12:24

BIKE

06:38:45

RUN

04:36:26

OVERALL

11:40:28

AGE GROUP

35-39

AGE GROUP
RANKING

63

OVERALL
RANKING

326

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021