

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Dmitrii DEMCHUK

SWIM

00:16:37

BIKE

07:47:53

RUN

05:04:20

OVERALL

13:26:01

AGE GROUP

35-39

AGE GROUP
RANKING

94

OVERALL
RANKING

567

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021