

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Jason LE ROUX

SWIM

00:12:36

BIKE

05:30:17

RUN

05:42:04

OVERALL

11:34:58

AGE GROUP

35-39

AGE GROUP
RANKING

61

OVERALL
RANKING

313

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021