

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Jonty LOW

SWIM

00:10:13

BIKE

05:30:41

RUN

04:15:36

OVERALL

10:03:14

AGE GROUP

35-39

AGE GROUP
RANKING

30

OVERALL
RANKING

134

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021