

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Ruslan SAULKO

SWIM

00:14:04

BIKE

05:33:35

RUN

04:19:18

OVERALL

10:16:01

AGE GROUP

35-39

AGE GROUP
RANKING

37

OVERALL
RANKING

154

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021