

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Sarel THERON

SWIM

00:14:10

BIKE

07:26:08

RUN

05:25:30

OVERALL

13:23:57

AGE GROUP

35-39

AGE GROUP
RANKING

93

OVERALL
RANKING

566

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021