

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Damien LEGENDRE

SWIM

00:16:10

BIKE

05:23:29

RUN

04:34:59

OVERALL

10:24:34

AGE GROUP

40-44

AGE GROUP
RANKING

35

OVERALL
RANKING

174

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021