

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Marcos ROSA

SWIM

00:14:14

BIKE

05:10:16

RUN

04:19:24

OVERALL

09:51:50

AGE GROUP

40-44

AGE GROUP
RANKING

23

OVERALL
RANKING

111

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021