

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Renaud CORMIER

SWIM

00:11:33

BIKE

05:11:04

RUN

03:57:52

OVERALL

09:28:03

AGE GROUP

45-49

AGE GROUP
RANKING

9

OVERALL
RANKING

77

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021