

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Kurt HEUNIS

SWIM

00:11:51

BIKE

05:14:08

RUN

03:54:29

OVERALL

09:28:12

AGE GROUP

45-49

AGE GROUP
RANKING

10

OVERALL
RANKING

78

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021