

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Dwayne KEMP

SWIM

00:12:05

BIKE

05:12:27

RUN

03:23:19

OVERALL

08:55:54

AGE GROUP

45-49

AGE GROUP
RANKING

5

OVERALL
RANKING

42

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021