

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Thomas MEINCKE

SWIM

00:23:03

BIKE

06:15:05

RUN

05:08:50

OVERALL

11:59:17

AGE GROUP

45-49

AGE GROUP
RANKING

49

OVERALL
RANKING

378

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021