

IRONMAN[®]

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Gavin MEISTRE

SWIM

00:12:56

BIKE

05:59:22

RUN

04:22:06

OVERALL

10:42:26

AGE GROUP

45-49

AGE GROUP
RANKING

28

OVERALL
RANKING

208

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021