

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Jacques VAN ZYL

SWIM

00:15:15

BIKE

05:17:28

RUN

04:48:22

OVERALL

10:34:00

AGE GROUP

45-49

AGE GROUP
RANKING

26

OVERALL
RANKING

192

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021