

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Manfred WIEHAHN

SWIM

00:14:07

BIKE

05:15:05

RUN

04:20:38

OVERALL

09:59:07

AGE GROUP

45-49

AGE GROUP
RANKING

18

OVERALL
RANKING

125

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021