

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Karel SWANEPOEL

SWIM

00:16:32

BIKE

06:28:18

RUN

04:05:58

OVERALL

11:05:40

AGE GROUP

50-54

AGE GROUP
RANKING

22

OVERALL
RANKING

251

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021