

# IRONMAN®

nelson mandela bay SOUTH AFRICA  
AFRICAN CHAMPIONSHIP

FINISHER

Franzt STRUWIG

SWIM

00:15:39

BIKE

07:36:29

RUN

05:47:38

OVERALL

13:58:26

AGE GROUP

60-64

AGE GROUP  
RANKING

13

OVERALL  
RANKING

626

RACE DIRECTOR,  
MICHELE DALTON



OPERATION DIRECTOR,  
PAUL WOLFF



MANAGING DIRECTOR,  
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021