

IRONMAN®

nelson mandela bay SOUTH AFRICA
AFRICAN CHAMPIONSHIP

FINISHER

Pernille Linnerup KRISTENSEN

SWIM

00:15:46

BIKE

05:58:05

RUN

03:51:15

OVERALL

10:17:25

AGE GROUP

35-39

AGE GROUP
RANKING

6

OVERALL
RANKING

155

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021