

IRONMAN®

nelson mandela bay SOUTH AFRICA

AFRICAN CHAMPIONSHIP

FINISHER

Elzabe VAN DEN HEEVER

SWIM

00:12:44

BIKE

06:06:18

RUN

04:06:32

OVERALL

10:35:04

AGE GROUP

35-39

AGE GROUP
RANKING

7

OVERALL
RANKING

194

RACE DIRECTOR,
MICHELE DALTON



OPERATION DIRECTOR,
PAUL WOLFF



MANAGING DIRECTOR,
KEITH BOWLER



SUNDAY, 21 NOVEMBER 2021