

CONGRATULATIONS!

Joanne LAINSON

FOR COMPLETING THE NEPEAN DISTANCE TRIATHLON

As part of the Nepean Triathlon 7th April 2024

00:27:43

1KM SWIM SPLIT

01:00:56

30KM BIKE SPLIT

01:02:55

8KM RUN SPLIT

02:36:17

OVERALL TIME

40-44

CATEGORY

5

CATEGORY PLACING

261

OVERALL PLACING