

CONGRATULATIONS!

Mike HISER

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Nepean Triathlon 6th April 2024

00:12:32

750M SWIM SPLIT

00:36:20

20KM BIKE SPLIT

00:28:17

5KM RUN SPLIT

01:20:34

OVERALL TIME

65-69

CATEGORY

3

CATEGORY PLACING

164

OVERALL PLACING