

# WORLD'S TOUGHEST HALF MARATHON

## COMPLETED THE POINT TO PINNACLE RUN IN PHIL COOK

FIRST HALF: **00:57:39.2**  
SECOND HALF: **01:09:20.5**

GUN TIME: **02:08:25.5**  
NET TIME: **02:06:59.7**

CATEGORY: **50-54**  
CATEGORY PLACE: **4**

PHOTO CREDIT: JASON CHARLES HILL



MERCURY



LIPSCOMBE LARDER  
A World of Fine Foods

