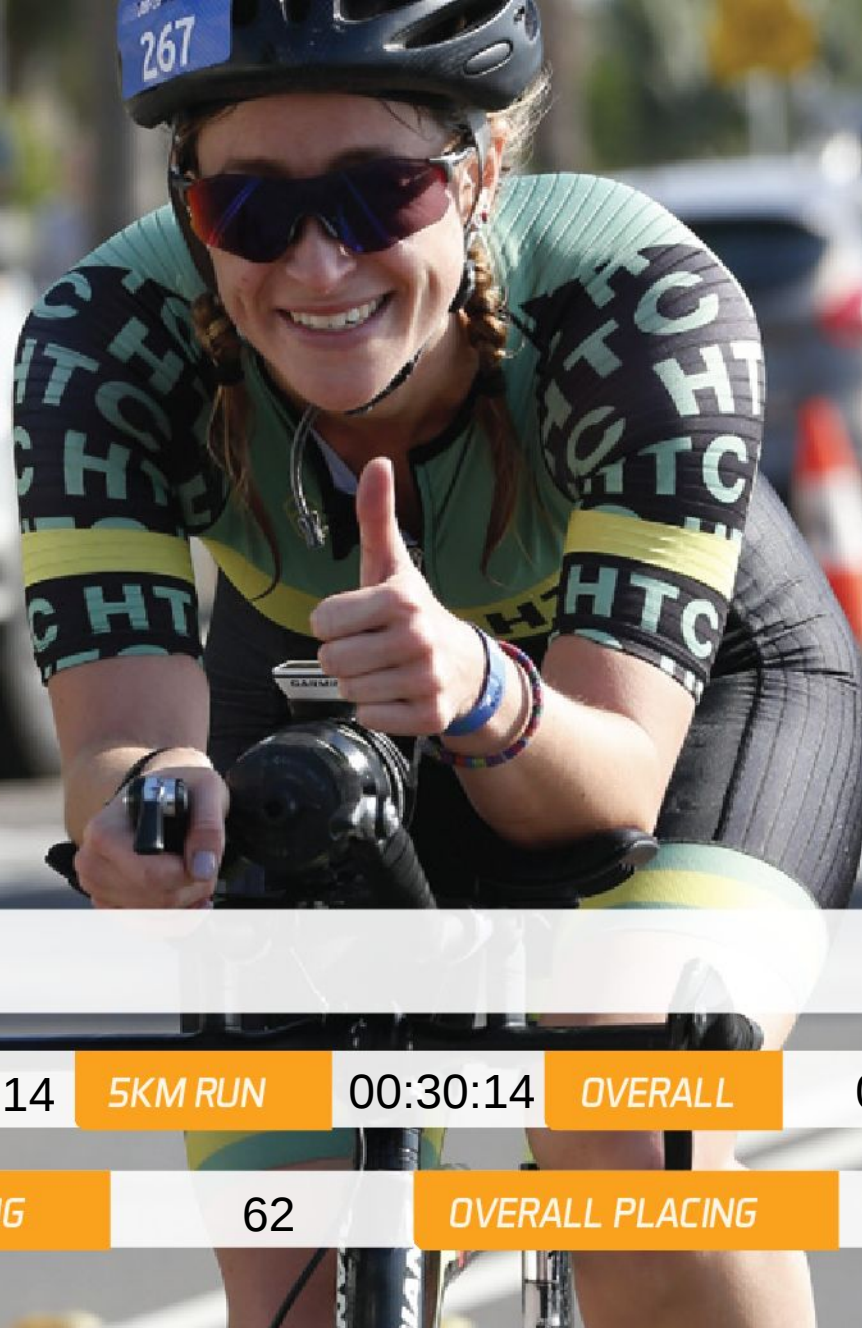




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Stefan ORTON

750M SWIM

00:20:32

20KM BIKE

00:48:14

5KM RUN

00:30:14

OVERALL

01:44:11

CATEGORY

25-29

CATEGORY PLACING

62

OVERALL PLACING

400

POWERADE

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish