

# CONGRATULATIONS!

Nicholas ABEL

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 18<sup>th</sup> December 2021*

00:14:55

750M SWIM SPLIT

00:53:20

20KM BIKE SPLIT

00:26:18

5KM RUN SPLIT

01:40:39

OVERALL TIME

25-29

CATEGORY

15

CATEGORY PLACING

203

OVERALL PLACING