

# CONGRATULATIONS!

Sinead ROWE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Callala Triathlon Festival 17<sup>th</sup> December 2022*

00:14:30

750M SWIM SPLIT

00:52:35

20KM BIKE SPLIT

00:38:46

5KM RUN SPLIT

01:51:58

OVERALL TIME

25-29

CATEGORY

15

CATEGORY PLACING

225

OVERALL PLACING