

# **CONGRATULATIONS!**

**Sam SHENNAN**

**FOR COMPLETING THE STANDARD DISTANCE TRIATHLON**

*As part of the Canberra Triathlon Festival 22<sup>nd</sup> January 2022*

**00:29:52**

1.5KM SWIM SPLIT

**01:05:21**

40KM BIKE SPLIT

**00:41:13**

10KM RUN SPLIT

**02:20:43**

OVERALL TIME

**45-49**

CATEGORY

**6**

CATEGORY PLACING

**37**

OVERALL PLACING