

CONGRATULATIONS!

Josh LANG

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

As part of the Port Stephens Triathlon 13th May 2023

00:07:25

200M SWIM SPLIT

00:28:03

10KM BIKE SPLIT

00:14:03

2KM RUN SPLIT

00:54:21

OVERALL TIME

12-13

CATEGORY

6

CATEGORY PLACING

75

OVERALL PLACING