

# CONGRATULATIONS!

Tom DIBDIN

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Port Stephens Triathlon 13<sup>th</sup> May 2023*

00:21:51

750M SWIM SPLIT

00:39:38

20KM BIKE SPLIT

00:27:28

5KM RUN SPLIT

01:33:07

OVERALL TIME

20-24

CATEGORY

7

CATEGORY PLACING

105

OVERALL PLACING