

CONGRATULATIONS!

Kieryn COWAN

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Port Stephens Triathlon 13th May 2023

00:32:31

1.5KM SWIM SPLIT

01:04:24

37KM BIKE SPLIT

00:43:49

10KM RUN SPLIT

02:24:22

OVERALL TIME

35-39

CATEGORY

2

CATEGORY PLACING

19

OVERALL PLACING