

CONGRATULATIONS!

Lauren DREDGE

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Port Stephens Triathlon 13th May 2023

00:34:07

1.5KM SWIM SPLIT

01:13:30

37KM BIKE SPLIT

00:49:59

10KM RUN SPLIT

02:42:33

OVERALL TIME

35-39

CATEGORY

3

CATEGORY PLACING

111

OVERALL PLACING