

# CONGRATULATIONS!

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FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 13<sup>th</sup> May 2023*

00:33:28

1.5KM SWIM SPLIT

01:15:00

37KM BIKE SPLIT

00:41:21

10KM RUN SPLIT

02:33:41

OVERALL TIME

40-44

CATEGORY

1

CATEGORY PLACING

53

OVERALL PLACING