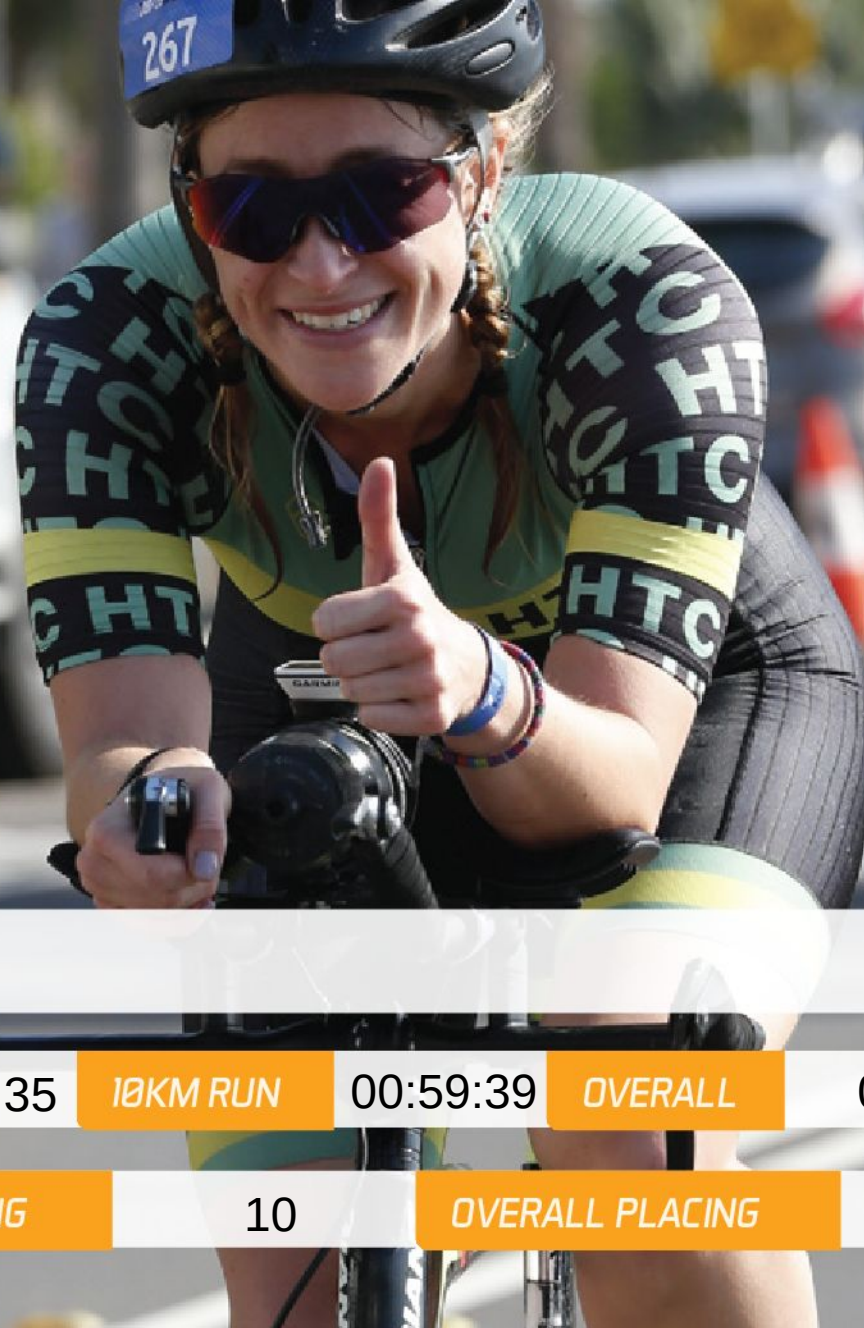




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Chris JOWSEY

1.5KM SWIM

00:28:25

40KM BIKE

01:11:35

10KM RUN

00:59:39

OVERALL

02:45:55

CATEGORY

40-44

CATEGORY PLACING

10

OVERALL PLACING

140

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your personal

catfish