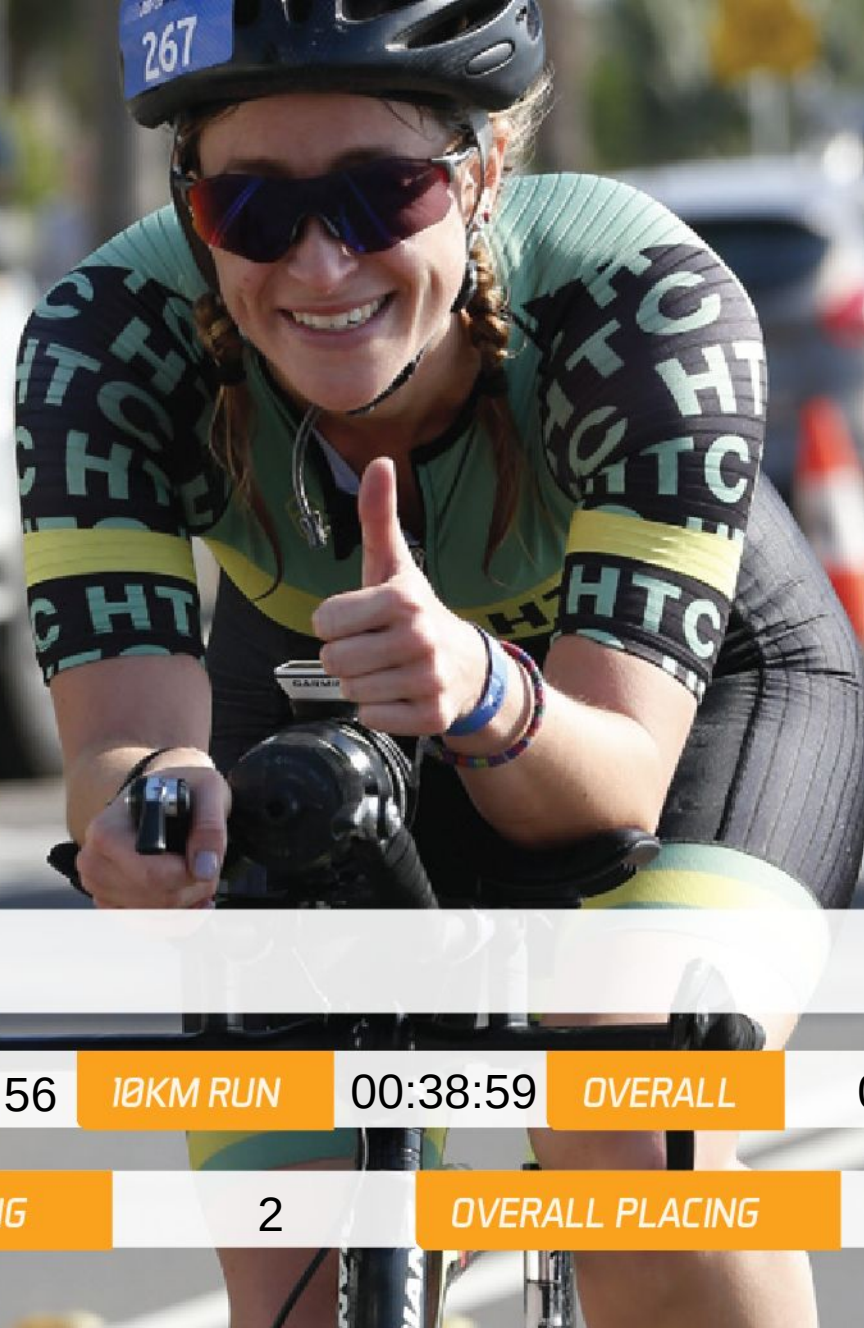




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Lucus AU

1.5KM SWIM

00:25:58

40KM BIKE

01:00:56

10KM RUN

00:38:59

OVERALL

02:09:18

CATEGORY

25-29

CATEGORY PLACING

2

OVERALL PLACING

10

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish