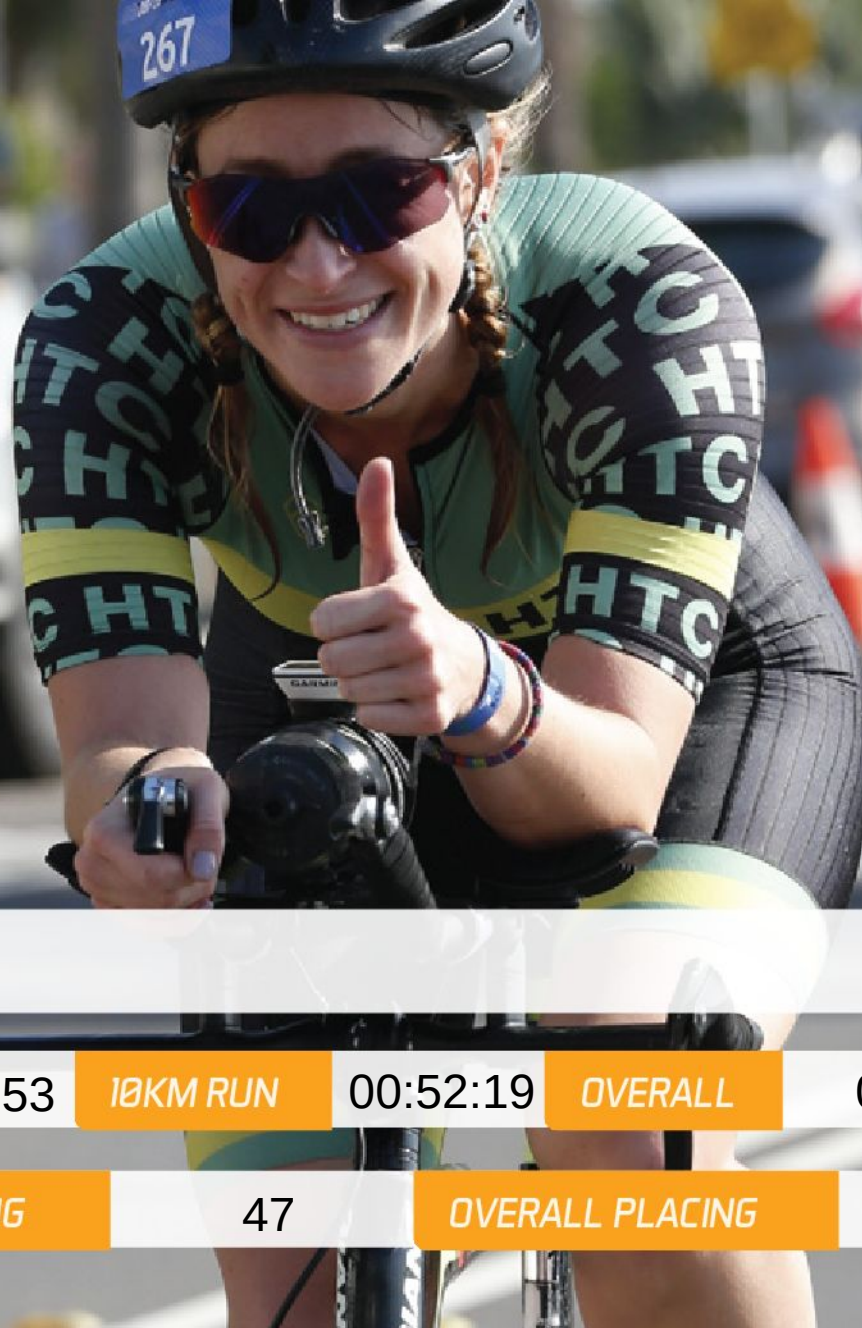




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Brendan MANN

1.5KM SWIM

00:35:23

40KM BIKE

01:14:53

10KM RUN

00:52:19

OVERALL

02:53:52

CATEGORY

30-34

CATEGORY PLACING

47

OVERALL PLACING

200

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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Crafting your space

catfish