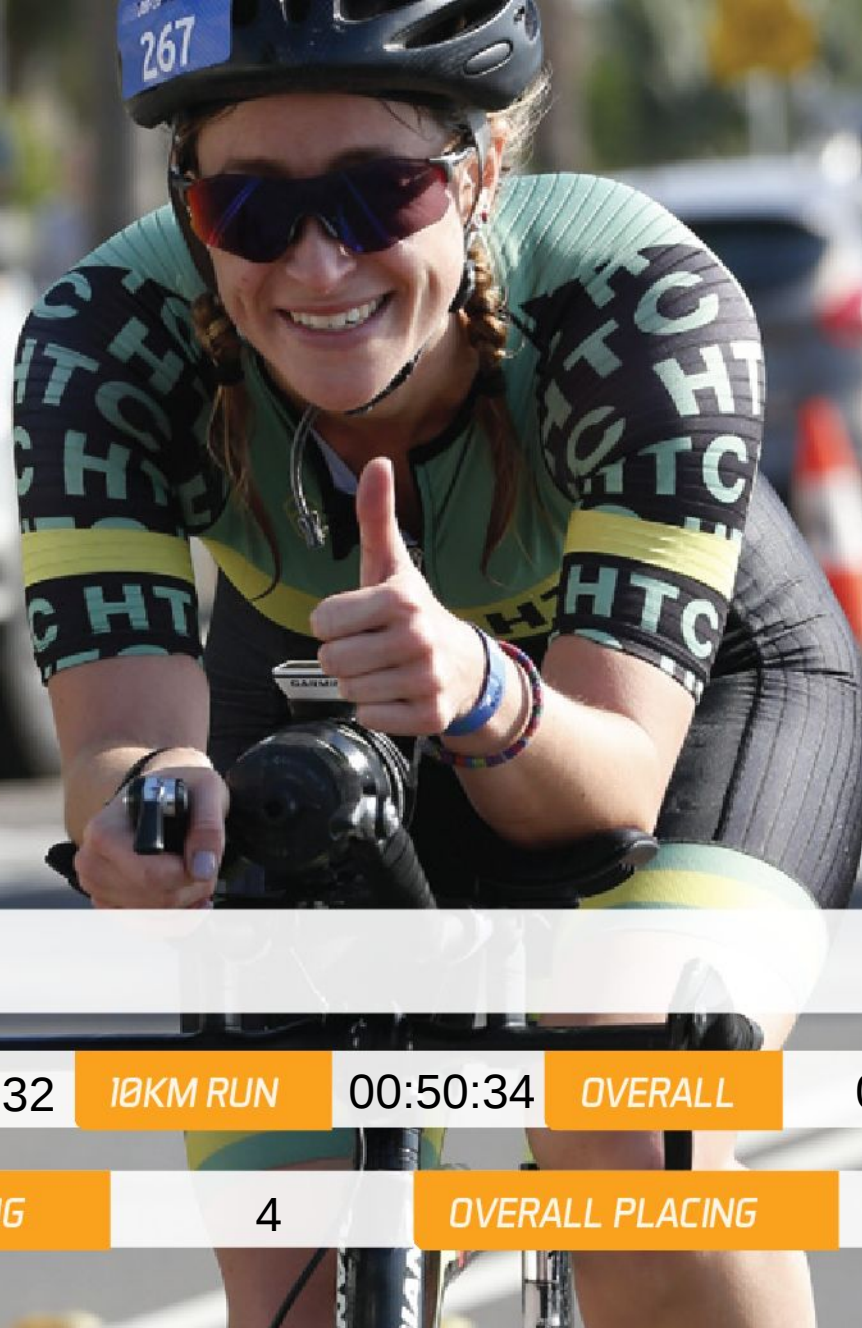




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Ben ORFORD

1.5KM SWIM

00:22:53

40KM BIKE

01:06:32

10KM RUN

00:50:34

OVERALL

02:24:53

CATEGORY

40-44

CATEGORY PLACING

4

OVERALL PLACING

43

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
sustainable

catfish