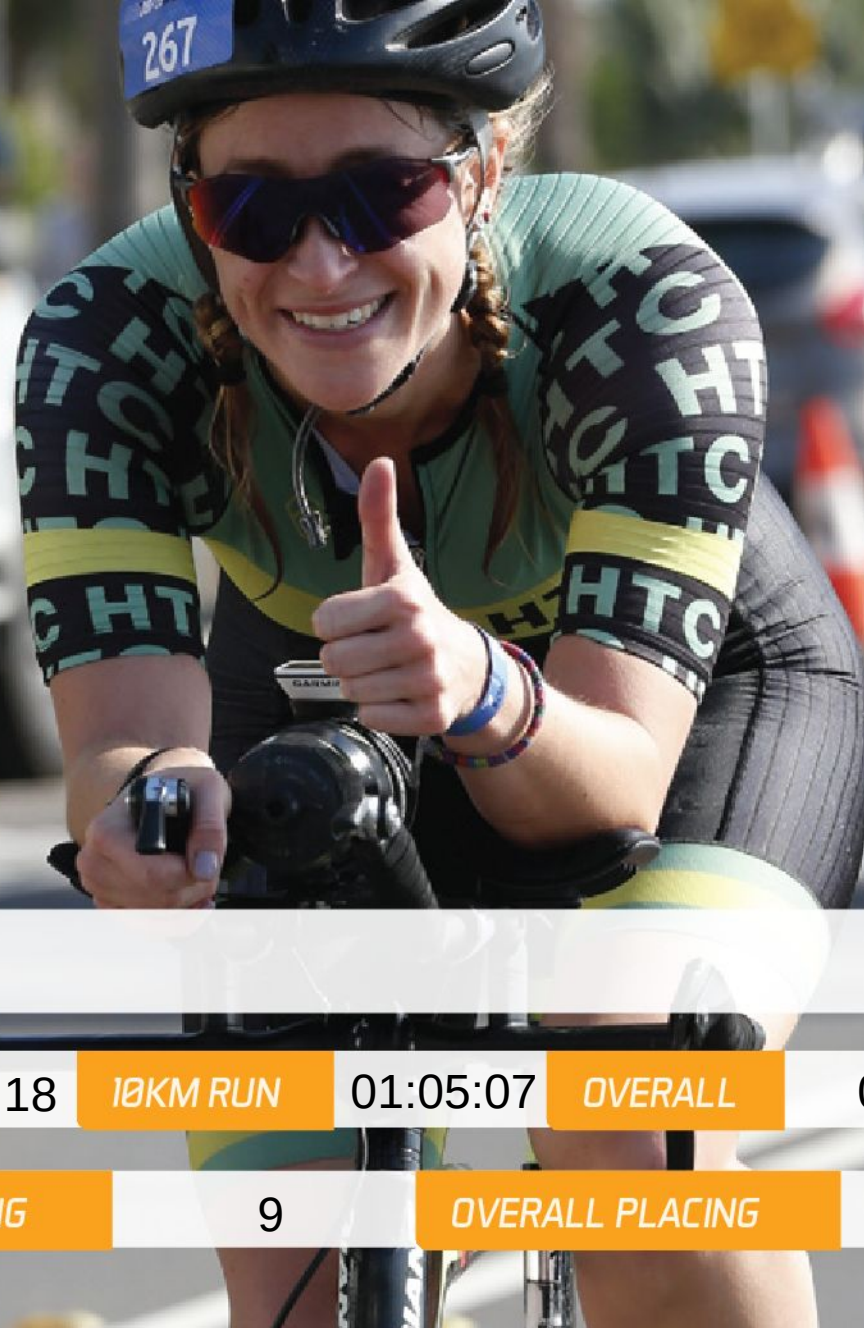




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

David PARLE

1.5KM SWIM

00:32:36

40KM BIKE

01:15:18

10KM RUN

01:05:07

OVERALL

02:58:35

CATEGORY

50-54

CATEGORY PLACING

9

OVERALL PLACING

224

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish