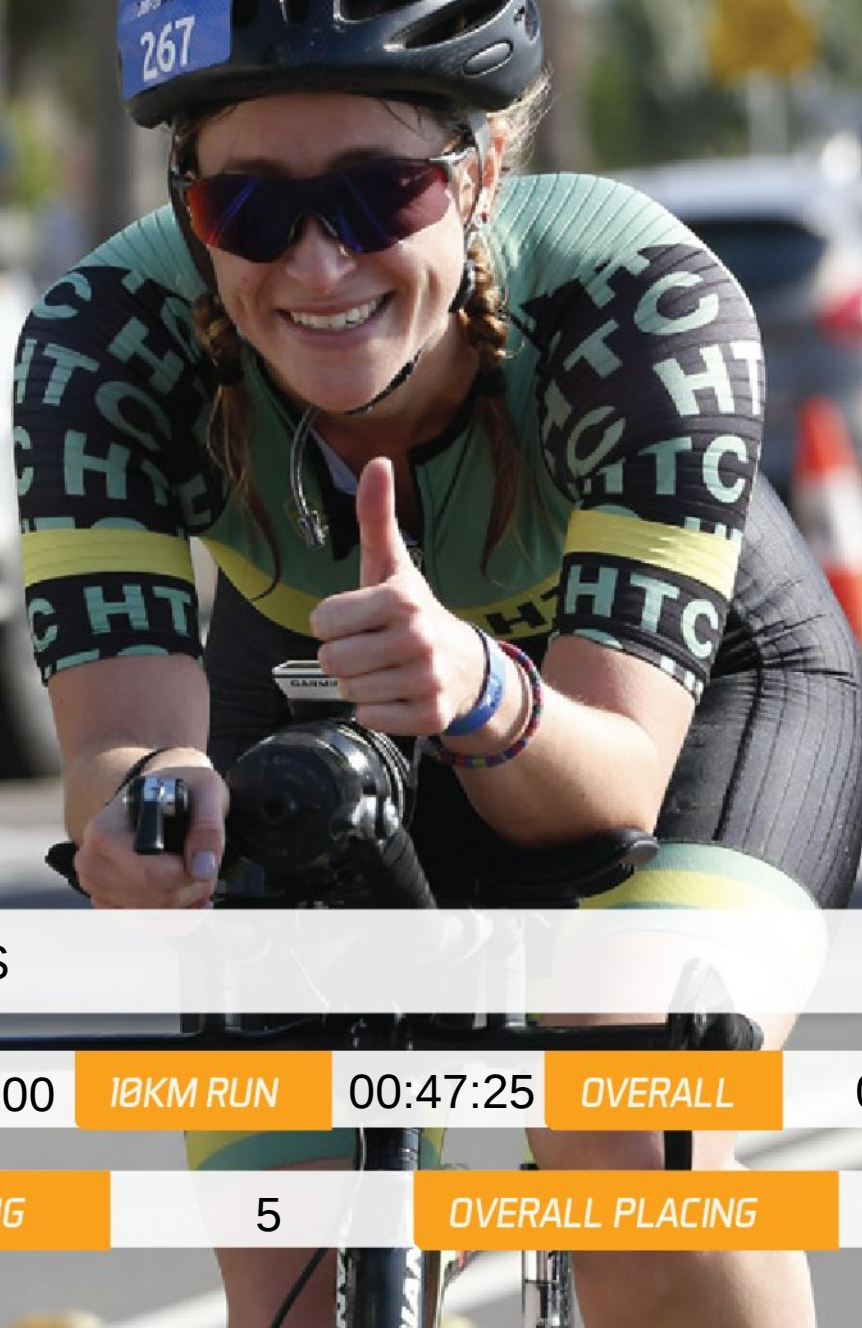




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

William BEEDLES

1.5KM SWIM

00:29:45

40KM BIKE

01:08:00

10KM RUN

00:47:25

OVERALL

02:31:44

CATEGORY

40-44

CATEGORY PLACING

5

OVERALL PLACING

55

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

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EY

PD Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish