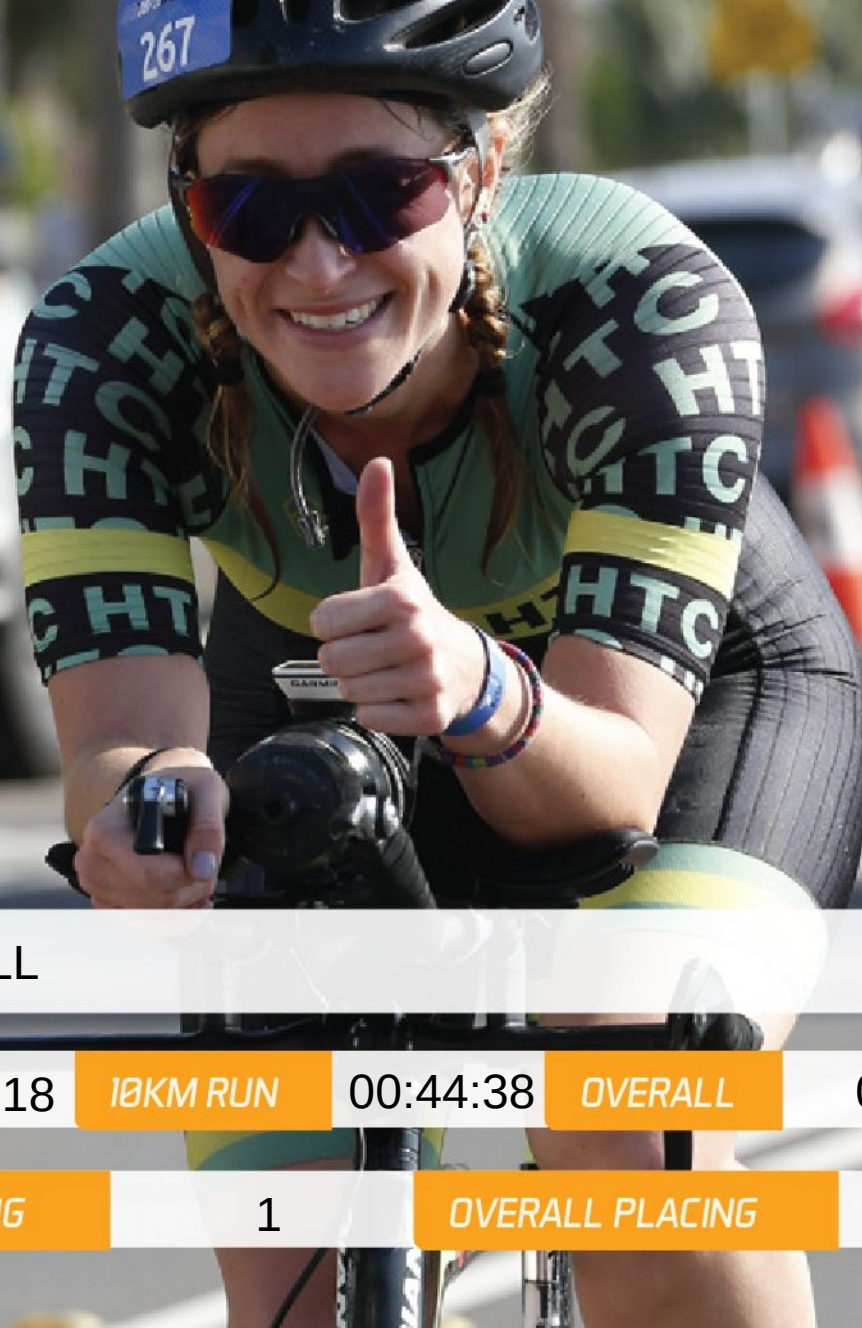




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Darren QUARRELL

1.5KM SWIM

00:26:25

40KM BIKE

01:02:18

10KM RUN

00:44:38

OVERALL

02:16:50

CATEGORY

50-54

CATEGORY PLACING

1

OVERALL PLACING

24

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish