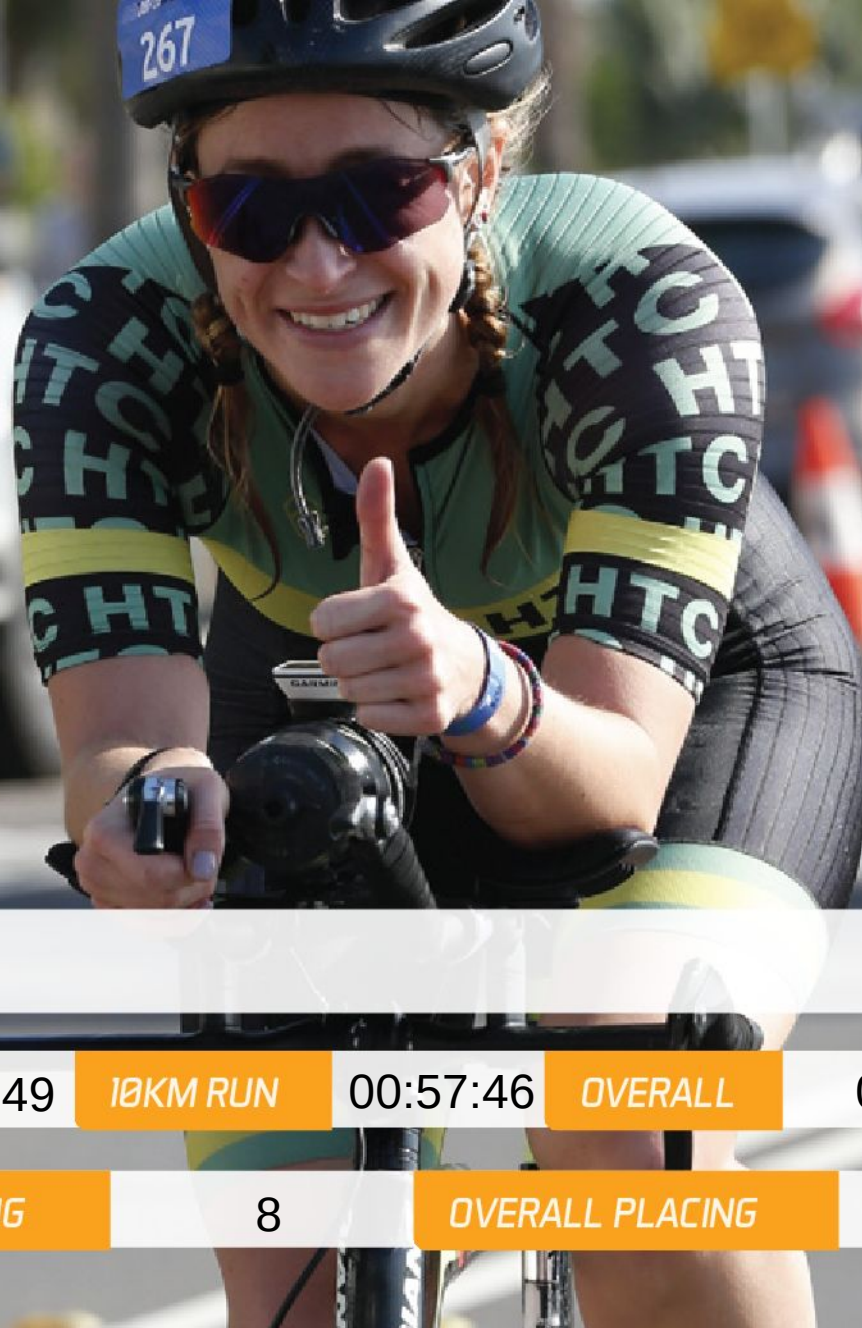




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Jonathan YARAD

1.5KM SWIM

00:35:43

40KM BIKE

01:16:49

10KM RUN

00:57:46

OVERALL

02:56:56

CATEGORY

50-54

CATEGORY PLACING

8

OVERALL PLACING

220

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

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Crafting your personal

catfish