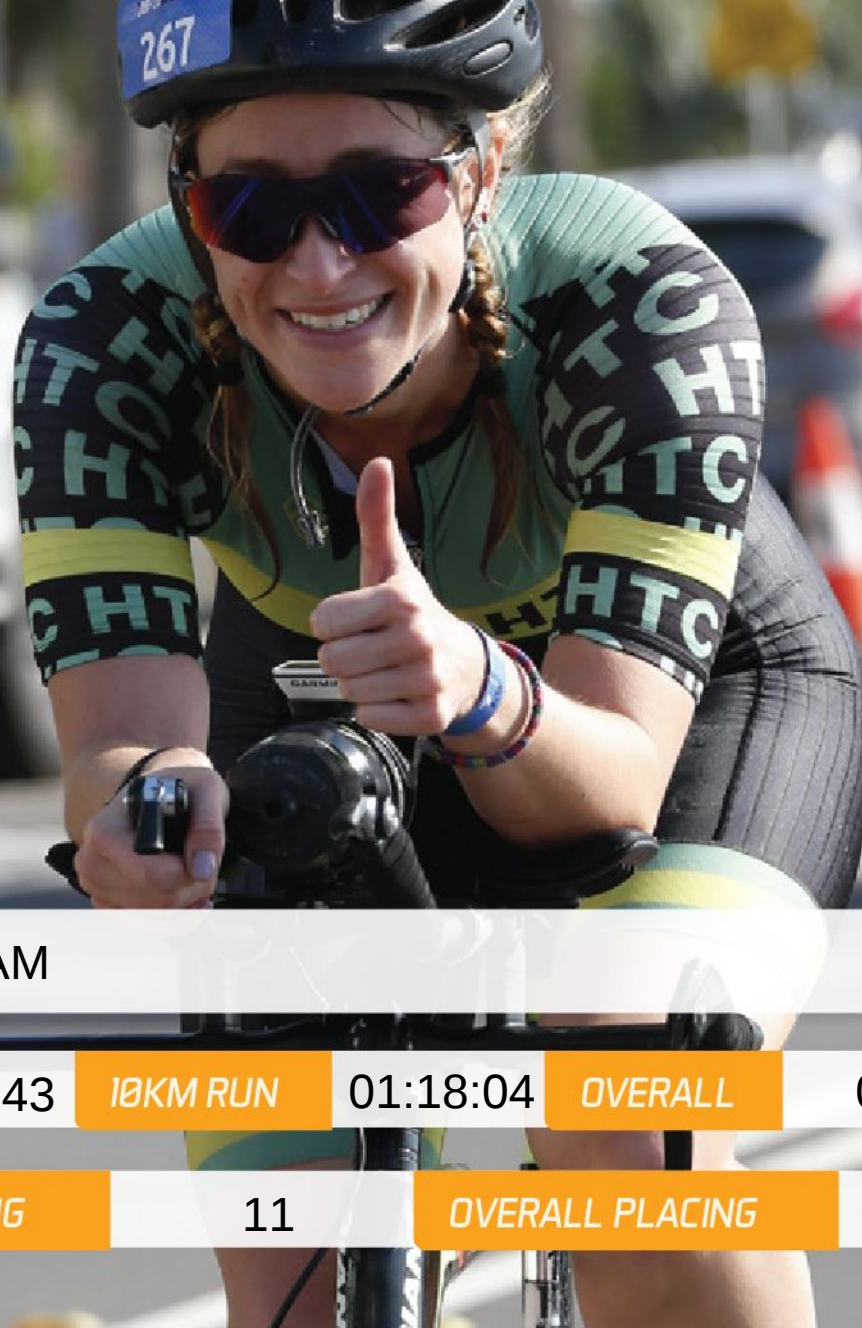




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Sue CUNNINGHAM

1.5KM SWIM

00:36:21

40KM BIKE

01:31:43

10KM RUN

01:18:04

OVERALL

03:37:42

CATEGORY

45-49

CATEGORY PLACING

11

OVERALL PLACING

324

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish