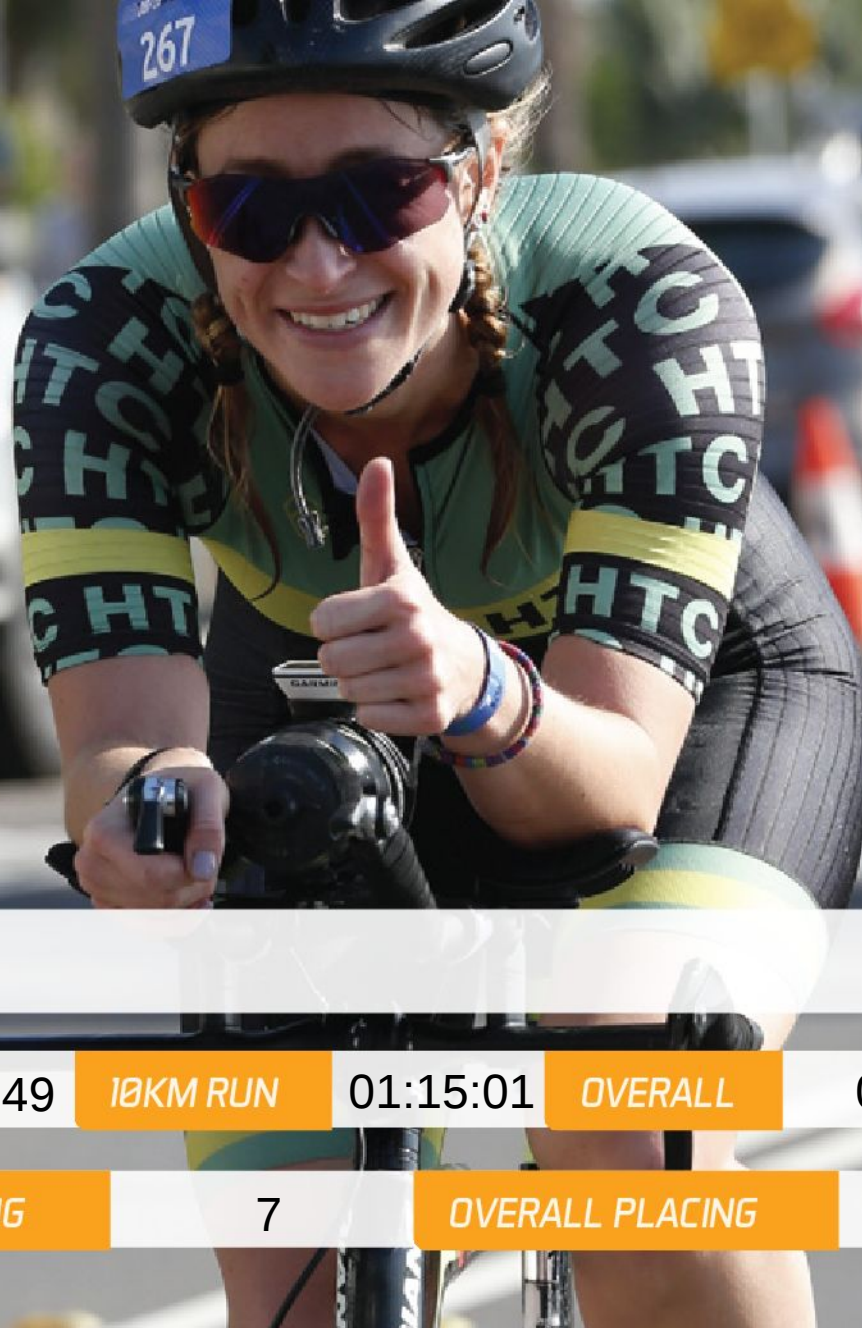




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Claire ELLIOTT

1.5KM SWIM

00:40:25

40KM BIKE

01:46:49

10KM RUN

01:15:01

OVERALL

03:50:47

CATEGORY

35-39

CATEGORY PLACING

7

OVERALL PLACING

333

POWERADE.

Destination
WOLLONGONG

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Peoplecare

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PD Traffic
Management

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Crafting your space

catfish