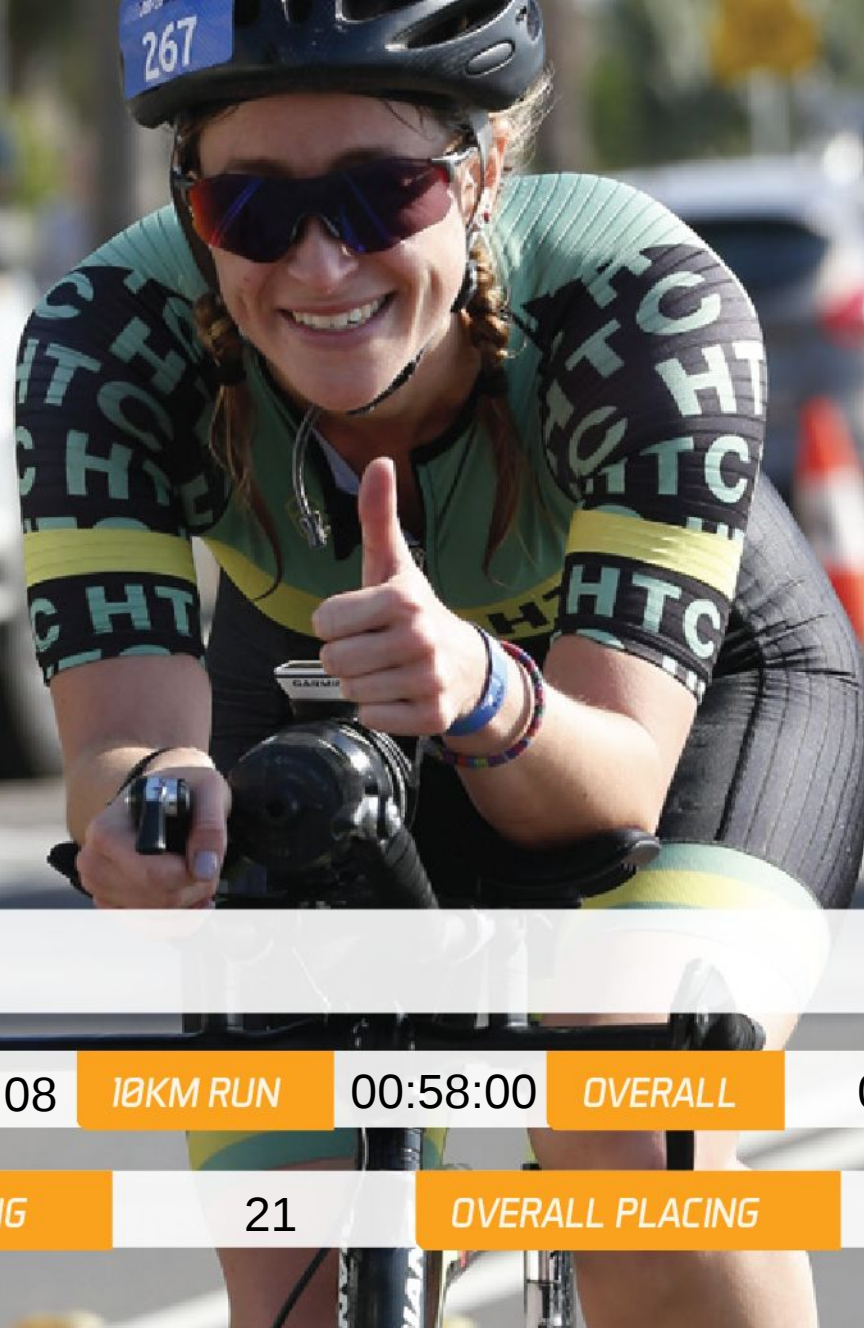




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Katie MITCHELL

1.5KM SWIM

00:39:00

40KM BIKE

01:29:08

10KM RUN

00:58:00

OVERALL

03:12:36

CATEGORY

25-29

CATEGORY PLACING

21

OVERALL PLACING

279

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish