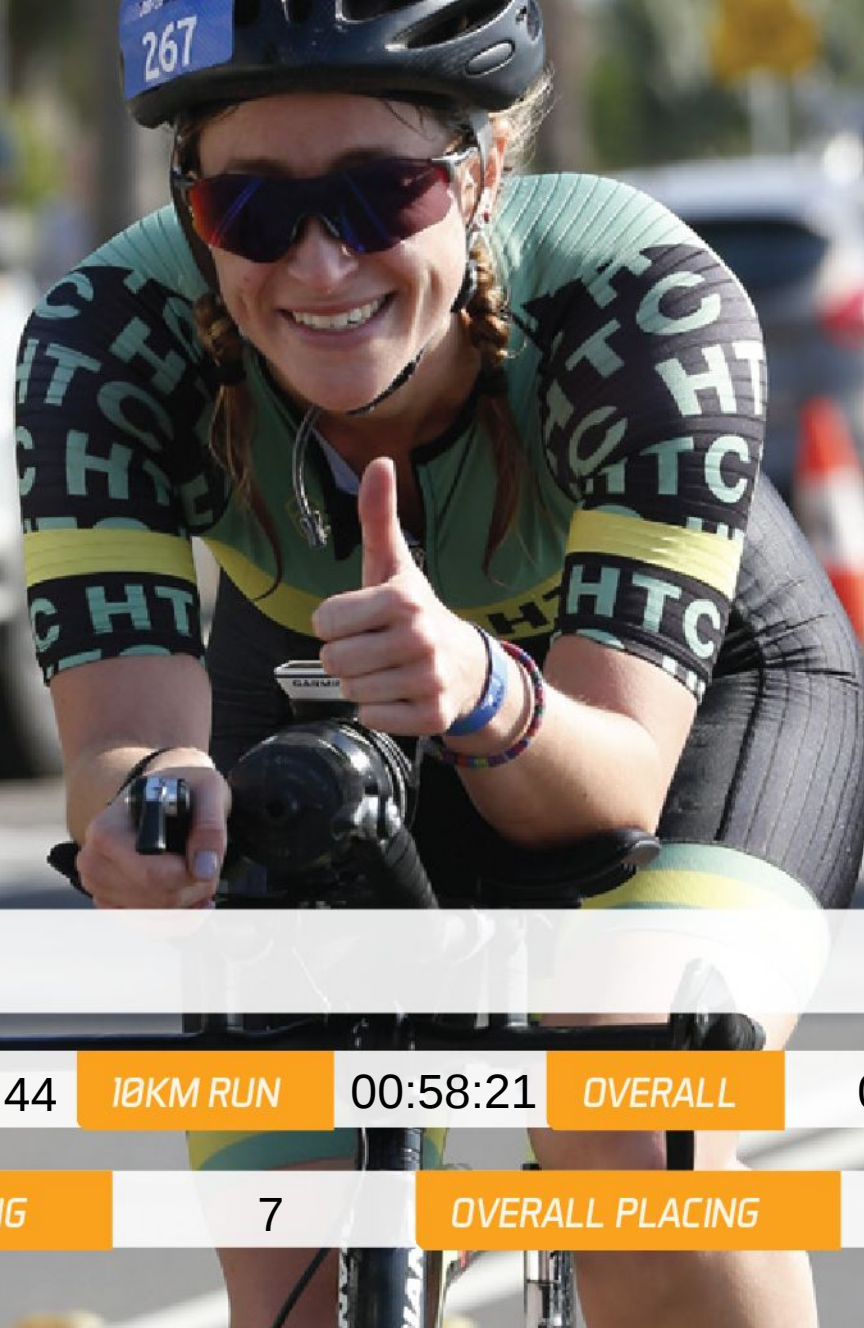




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Elyse WILLIAMS

1.5KM SWIM

00:34:16

40KM BIKE

01:24:44

10KM RUN

00:58:21

OVERALL

03:03:31

CATEGORY

30-34

CATEGORY PLACING

7

OVERALL PLACING

246

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish